



AICHM
AIC Health Ministries

ANNUAL REPORT 2024

A Year of Impact:

Transforming Lives Through Compassionate Healthcare

Message from the Executive Director



2024 was a year of resilience, innovation and profound impact. Across Kenya, AICHM continued its core mandate mission to deliver quality healthcare, and other thematic areas including livelihood interventions, emergency response & humanitarian aid, child protection & vulnerable groups, health system strengthening and water and infrastructures improvement. Our teams worked tirelessly to provide essential health services, responding to emerging challenges and leveraging opportunities for growth and sustainability.

Through **the Prevention of Blindness Programme**, the Vision Impact Project (VIP) and PRIDE Project transformed lives by providing vital eye care services, conducting thousands of screenings and restoring sight through surgical interventions. We have expanded our reach, ensuring

even the most remote communities' benefit from quality eye health services.

Our **HIV/AIDS prevention and care initiatives** continued to make strides, with increased viral load suppression rates, adherence support for children and adolescents and improved access to testing and treatment services. Community-led interventions empowered vulnerable populations, particularly adolescent girls and young women, with critical health education and services.

In Turkana County, our **Emergency Response and Resilience Building initiatives** provided life-saving interventions in response to malnutrition and drought-related challenges. Mobile clinics, preventive and therapeutic feeding programs and nutritional education sessions reached thousands of vulnerable children and caregivers, significantly improving health outcomes.

Our **Orphans and Vulnerable Children (OVC) support programs** ensured that thousands of children received healthcare, education and psychosocial support. This has been realized through strengthening child protection mechanisms and empowering caregivers, we have provided stability, hope for many families and a smile to orphans and vulnerable children.

The year also marked significant progress in **Water, Sanitation, and Hygiene (WASH) programs**, with impactful community sensitization efforts, infrastructure improvements and hygiene promotion activities to prevent waterborne diseases and promote healthier communities.

These achievements would not have been possible without our dedicated staff, committed partners, and resilient communities who work hand in hand contributing to lasting change. As a reflection on 2024, we are filled with gratitude and renewed determination to expand our reach and deepen our impact in the years ahead.

Together, we are making a difference.

DR. JACOB KIMOTE

Executive Director, AICHM

Key Programs / Projects Achievements at a Glance



601,912

Reached by health programs, transforming lives across Kenya



220,391

Screened for eye conditions, restoring sight & hope.



13,779

Received emergency healthcare & nutritional support in Turkana.



6,019

OVCs received healthcare, education & psychosocial support.



5,000

Caregivers trained in nutrition education to combat malnutrition.



2,438 6 Months Deworming
2,271 59 Months Vitamin A supplementation

Malezi Bora campaigns for children with Vitamin A deficiency & Deworming



1,577

Life-changing eye surgeries in Meru & Isiolo.



1,366

Adolescents completed mentorship & evidence-based interventions on HIV & sexual violence prevention.



808

HIV-positive children supported with ART adherence and care.



500+

Participated in World AIDS Day events, promoting HIV prevention & treatment efforts in Turkana County.



497

OVC supported with school fees, uniforms, and supplies, ensuring school retention and progression.



325

Community health workers trained in primary eye care & Peek Technology.



870

Community health promoters trained in WASH best practices.



99 Dialogue sessions
214 Action-day sessions

Community-led interventions fostering behavior change in health and sanitation.



205 Students educated on child rights & protection.

1,154 Individuals engaged in community dialogues on child protection.



95

Stakeholders trained in Disability Inclusive Development (DID), conducting accessibility assessments, & supporting persons with disabilities with eye health services.



87%

Viral load suppression achieved among children living with HIV.

1,245



Trees were planted to promote environmental conservation and climate resilience.

= 20

13



VLSA groups formed for economic empowerment of persons with disabilities.



Marking World Sight Day and World Toilet Day commemorated to promote awareness and advocacy.

Transformative Health Interventions

Prevention of Blindness Programme: Vision Impact (VIP) & PRIDE Projects

In 2024, the Prevention of Blindness Programme made significant strides in expanding access to eye health care services across Meru and Isiolo counties. Through 11 surgical outreaches, AICHM successfully restored sight for 1,577 individuals, giving them the ability to lead independent lives once more. Over 220,391 people underwent eye screenings, with 49,570 identified with eye conditions requiring medical intervention.

To improve early detection and treatment, 325 community health workers received training in primary eye care, empowering them to support local populations effectively. Additionally, the integration of Peek Technology revolutionized how screenings and referrals were conducted, enhancing efficiency and accessibility to specialized care.



Eye health awareness campaign on world eyesight day.



World sight day celebrations.



Patients who underwent cataract surgery at a surgical outreach in Isiolo.

Corrective measures were taken for those diagnosed with visual impairments, with 690 individuals receiving prescription eyeglasses to enhance their sight. Moreover, post-surgical care was a priority, ensuring 83% of operated patients had successful vision restoration through follow-up consultations.

AICHM also led advocacy and awareness efforts, marking World Sight Day with mass sensitization campaigns and eye health education sessions. These initiatives not only provided treatment but also emphasized the importance of early intervention in preventing avoidable blindness, fostering a community-wide approach to eye health and well-being.



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HIV/AIDS Prevention & Care (Turkana County)

AICHM made significant progress in HIV/AIDS prevention and care in Turkana County, implementing community-centered interventions to combat the disease. A total of 808 HIV-positive children were supported with ART adherence and care, ensuring they received consistent treatment and monitoring. The organization achieved an 85% viral load testing coverage, with 83% of individuals achieving viral load suppression, demonstrating effective disease management and signifying improved treatment outcomes.

Community outreaches played a pivotal role in reaching at-risk populations, providing HIV testing, PrEP, and GBV support to promote safer practices and early detection. AICHM focused on empowering adolescent girls and young women through education and mentorship programs, equipping them with knowledge on HIV prevention, reproductive health, and self-care.

These efforts contributed to a reduction in new infections and strengthened community resilience against the spread of HIV/AIDS.

Furthermore, the program leveraged peer educators and mentor mothers to enhance disclosure, psychosocial support, and adherence among young people and mothers living with HIV. Collaborative partnerships with local healthcare providers ensured that treatment and care were accessible, comprehensive, and culturally sensitive, making a lasting impact in the fight against HIV/AIDS.



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Caregivers being trained on HIV/AIDS prevention and treatment.

Child Protection & OVC Support

AICHM remained steadfast in protecting orphans and vulnerable children (OVC) by delivering a holistic support system that encompasses healthcare, education, psychosocial support, and child protection initiatives. In 2024, a total of 6,019 OVC were reached with comprehensive health, nutrition, and educational services, surpassing initial targets. The program ensured vulnerable children remained in school by providing school fees, uniforms, and mentorship, significantly improving retention rates. To foster a protective environment, 205 students participated in structured child rights training across Turkana, equipping them with knowledge on their rights and responsibilities. Additionally,

1,154 community members engaged in child protection dialogues, strengthening local child safeguarding systems and raising awareness on abuse prevention.



Imarisha project ensures OVC remain in school by providing school fees, uniform & mentorship.

HIV/AIDS Prevention & Care (Turkana County)



OVC Graduation Ceremony.

In addition, AICHM facilitated the graduation of 148 OVC, successfully transitioning them into self-sufficiency through vocational training and economic empowerment programs. Special attention was given to children living with HIV, ensuring 808 HIV-positive OVC received ART adherence support, psychosocial counseling, and regular health monitoring to improve treatment outcomes.

Community-based interventions were cornerstone of AICHM's child protection efforts, with the formation and empowerment of child rights clubs across 10 primary schools. These clubs provide a safe platform for children to discuss their concerns, report abuse and advocate for their rights.

Through sports for development programs, 181 children actively participated in structured activities that built self-confidence, teamwork, and leadership skills while reinforcing messages on child safety and well-being.

Furthermore, AICHM collaborated with local authorities to rescue and reintegrate children exposed to child labor, abuse, and neglect, enrolling them back in school and providing social support services. In line with legal protection, the program facilitated birth certificate registration for 620 children, ensuring their legal identity and access to essential services.

Through these multifaceted interventions, AICHM strengthened child protection mechanisms, promoted access to essential services, and empowered OVCs with the tools they need to thrive despite adversity.



Community Dialogue on Child protection in Turkana.

Emergency Response & Resilience Building (Turkana West)

In response to the severe drought and hunger crisis in Turkana West, AICHM implemented a comprehensive emergency response and resilience-building initiative aimed at providing life-saving healthcare and nutrition services to 13,779 beneficiaries from the host and refugee communities. The project significantly improved access to curative and preventive healthcare, targeting children under five, pregnant and lactating mothers, and other vulnerable populations.



Screening of malnutrition in children

To combat malnutrition, 100 children were treated for Severe Acute Malnutrition (SAM), while 384 children received care for Moderate Acute Malnutrition (MAM). Additionally, 6,781 children underwent mass nutritional screening, ensuring early detection and intervention for those at risks.

Recognizing the importance of community involvement, 5,000 caregivers participated in nutrition education sessions, learning about maternal and infant nutrition, hygiene, and disease prevention. The program similarly leveraged community structures such as Mother-to-Mother Support Groups (MTMSG) and Father-to-Father Support Groups (FTFSG) to promote best practices in childcare and nutrition.



To enhance health service delivery, 97 integrated mobile clinics were deployed to hard-to-reach communities, providing antenatal care, immunizations, and treatment for common illnesses. These mobile clinics ensured that vulnerable populations, including nomadic communities, had access to essential medical services.

AICHM too strengthened community health systems by empowering community health volunteers (CHVs) to conduct routine disease surveillance, refer patients for treatment, and support community-based management of acute malnutrition. This effort resulted in 2,925 community referrals, linking at-risk individuals to health facilities for further care.

As part of the emergency response, the project facilitated malaria testing, HIV testing, antenatal profiling, and postnatal care, benefiting thousands of residents. Despite facing logistical challenges such as impassable roads during rainy seasons, the initiative achieved remarkable success, with a Global Acute Malnutrition (GAM) rate of 12.78%, well below emergency thresholds.

AICHM remains committed to strengthening community resilience by integrating long term solutions such as livelihood support and climate-smart agricultural initiatives as anticipatory response to the impact of future droughts.

Through collaborative efforts with local stakeholders, AICHM continued to enhance Turkana's capacity to withstand shocks and contribute to overall health outcome.



Water, Sanitation & Hygiene (WASH) Initiatives

In the reporting year, AICHM intensified its WASH interventions to improve access to clean water, sanitation, and hygiene education, particularly in underserved communities. A total of 870 community health promoters were trained on WASH best practices, equipping them with the knowledge to drive hygiene and sanitation initiatives in their respective communities. To address the issue of open defecation and poor sanitation, AICHM facilitated the construction of latrines and handwashing facilities in 10 villages, significantly improving sanitation conditions and reducing the spread of waterborne diseases.

Recognizing the role of education in sustaining behavioral change, AICHM conducted nutrition education sessions, reaching 5,000 caregivers with information on proper feeding practices, maternal and infant nutrition, and the importance of hygiene in disease prevention.

Additionally, 99 community dialogue sessions and 115 action-day sessions were held to raise awareness about sanitation and hygiene, fostering community ownership of WASH initiatives.

AICHM moreover played a key role in school-based WASH programs, training 60 school health club patrons to promote sanitation and eye health in schools. Through these efforts, 15,994 students in 30 schools were engaged in behavior change communication, reinforcing hygiene practices such as handwashing and proper waste disposal.

To further advocate for improved sanitation, AICHM joined global efforts to celebrate World Toilet Day, organizing events at Kula Mawe Primary School in Isiolo County and other locations to highlight the importance of proper sanitation infrastructure. In line with the commitment to sustainable WASH solutions, the project followed up on 10 triggered villages to ensure that households were constructing latrines, compost pits, and other necessary sanitation facilities.

The key lesson that emerged was that comprehensive community health improvement requires addressing infrastructure and education together; precisely, combining physical sanitation facility development with targeted behavior change education through schools and community engagement.

These interventions have significantly contributed to reducing disease prevalence and promoting healthier environments, reaffirming AICHM's commitment to holistic community health.



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Students observing hygiene practices taught by washing hands.

Advancing Disability Inclusion and Empowerment



Distribution of assistive devices to persons with disability.

AICHM prioritized the inclusion of persons with disabilities (PWDs) across all its health programs, ensuring access to healthcare, education, and socio-economic empowerment opportunities. In 2024, AICHM undertook disability inclusion training for 95 stakeholders, including curriculum support officers, community health workers, and eye care providers, equipping them with strategies for integrating PWDs into health and education services.

The Prevention of Blindness Program directly involved people with disabilities, improving their access to vision-related services. Through the PRIDE and VIP projects, specialized interventions ensured they were prioritized in eye screenings, cataract surgeries, and the provision of assistive devices such as low vision aids and white canes.



VSAL Group meeting - Caregivers of persons with disability.

In Isiolo County, people with disabilities received cataract surgery, restoring their sight and independence.

AICHM also strengthened the Organizations of Persons with Disabilities (OPDs), supporting 9 meetings between OPDs and county government officials to enhance advocacy for disability rights. This collaboration resulted in the increased participation of OPD groups in county decision-making processes, particularly in health policy formulation.



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Identification and support of Persons with disability enrollment is social protection schemes.

Economic empowerment was a key focus, with 13 disability self-help groups trained in Village Loan and Savings Associations (VLSA), equipping them with financial skills and resources to initiate small businesses and improve their livelihoods. Additionally, AICHM supported the participation of PWDs in community sporting events, including para-volleyball tournaments, fostering social inclusion and breaking stigma.

Through these initiatives, AICHM reaffirmed its commitment to creating an inclusive society where persons with disabilities receive equal access to healthcare, education, and economic opportunities, ensuring they are not left behind in development efforts.

Empowering Communities for a Sustainable Future

Capacity Building & Training

In 2024, AICHM strengthened its commitment to community empowerment through extensive capacity-building initiatives. A total of 52 healthcare workers received specialized training in disability inclusion and safeguarding, ensuring that healthcare services are accessible and inclusive for all individuals, including persons with disabilities.

Additionally, 870 community health promoters underwent training in primary eye care, enhancing their ability to identify and manage eye conditions at the community level.



Village Savings and Loan Associations is empowering women and their households.

Furthermore, local leaders were actively engaged in strengthening community-led healthcare solutions, fostering local ownership and sustainability of health initiatives.

AICHM also conducted digitalization training for case workers and program staff, introducing Child Protection Information Management Systems (CPIMS) and digital case management tools to enhance service delivery for vulnerable children and families. This technological advancement has improved data collection, tracking of services, and response time for child protection interventions.



The VSLA initiative has empowered persons with disabilities, fostering financial independence and providing access to low-interest loans to meet their needs.

Recognizing the importance of financial independence, AICHM facilitated financial literacy training for youth and caregivers, equipping them with essential skills in budgeting, saving, and income generation. Through Village Savings and Loan Associations (VSLA), AICHM trained 13 community groups, empowering them with financial tools to establish sustainable economic activities.



Significance of financial literacy and training.

Environmental Conservation & Sustainability



Tree planting by school children in Naana, Turkana County

AICHM recognizes that a healthy environment is fundamental to public health. As part of its sustainability efforts, 1,245 trees were planted through school and community initiatives, fostering environmental conservation and climate resilience. The organization also integrated climate resilience strategies into health programs, ensuring that interventions account for the impact of climate change on health.

In Turkana West, child rights club members took the lead in tree-planting activities in 10 primary schools, demonstrating a strong commitment to environmental stewardship.

In Isiolo County, AICHM supported inclusive WASH initiatives, working with the community health strategy and public health departments to follow up on the construction of latrines, compost pits, and handwashing stations in 10 villages. Additionally, 99 community dialogue sessions and 115 action-day sessions were held to promote behavior change regarding hygiene and sanitation practices.



1,245 trees were planted through school and community initiatives fostering environmental conservation and climate resilience.



Children rights club planting trees, Turkana.

Success Stories: Real Impact, Real Lives

Empowering Ability: Jane Karimi's Story of Resilience and Growth



Jane Karimi, a 46-year-old single mother from Isiolo County, has turned her life around through the PRIDE project by AIC Health Ministries and CBM Global. Struggling with high-interest loans to sustain her cereals business, she joined a Village Savings and Loan Association (VSLA) through her paravolley team. Gaining financial literacy and access to affordable credit, she expanded her business across counties. Today, Jane earns a better income and aspires to scale further by tapping into larger markets. Her story reflects the power of inclusive economic empowerment.



From Herding to School: James' Journey

In Turkana, 12-year-old James was destined to be a herder, like many boys in his village. However, after attending a child protection session through AICHM's community outreach, he made a bold decision. He reported himself to authorities, stating his desire for education over herding. With support from AICHM and local officials, James was enrolled in AIC Lokichoggio Mixed Boarding School in Grade 2, where he is now thriving and determined to build a better future.



From Herding...



To school.

Fighting Malnutrition: A Mother's Gratitude

Imoru Ewoi, an 18-month-old from Narutapen village in Turkana, was admitted to the Outpatient Therapeutic Program (OTP) in June 2024 with Severe Acute Malnutrition (SAM), referred by a Community Health Volunteer. Coming from a vulnerable household that often lacked sufficient food, Imoru showed signs of wasting and stunting. With proper treatment using Ready-to-Use Therapeutic Food (RUTF) and close follow-up, she steadily improved despite a brief illness in week four. By week five, her MUAC and weight had increased significantly, leading to her successful discharge from OTP. She is now enrolled in the supplementary feeding program with continued monitoring to prevent relapse.



Floods Emergency response:

In 2024, Kenya experienced floods in some counties, Turkana County wasn't spared neither, AICHM to mitigate the suffering experienced by individuals and families affected by the floods in Lomerimagal, Lochor - Apua, Lolenga, Lomilmil, Nakweei, Ngilimo Ngingolekes, Ngilimito, Lokiripeto, Lopusiki and Lokangai in Turkana Lokichoggio and Turkana West sub-Counties. AICHM provided emergency food and non-food items supplies (i.e Maize, beans, cooking oil & salt) and non-food items (water holding containers & to affected families and individuals. **A total of 671 households** affected by floods were reached and reduced food insecurity through timely provision of emergency food supplies, and ensured nutritional needs are met during the crisis period.

Affected included Nasinyono community Village Unit through provision of non-food items and food stuff to be distributed to the affected families.



Food Distribution in Nasinyono Turkana West County.

Rural Health Operation:

AICHM continued to offer oversight to its 5 major hospitals (AIC Kijabe, Litein, Kapsowar, Githumu, and Cure international hospitals,) and 75 health facilities level 3 and level 2 (health centre and dispensaries), plus its two (2 rehabilitation centers). Rural Health Ministries which oversee and provide technical guidance on the operations of the 75 rural health facilities. In 2024, the department ensured that the rural health facilities comply to the government standards of operation such as proper registration & licensure through KMPDC, Laboratory Board, Pharmacy & Poisons Board and other regulatory bodies. Additionally, the department undertook inductions and provided policy guidelines to the health facilities committees, these were done in coordination with the regional

church council and area church council where the facility falls. AICHM maintained its committed to ensure sustainability of all its health facilities by providing governance support and fostering strategic partnerships through its program, partner hospitals as well as bodies like CHAK, MoH and other strategic partners, these partnerships yielded valuable support including drugs, equipment, personnel, and professional assistance as well as infrastructure donations. Additionally, the department actively supported rural health facilities in navigating the transition process from NHIF to SHA system, to ensure they are not left behind with the new government evolvement landscape and they all adapted in the evolving health development.



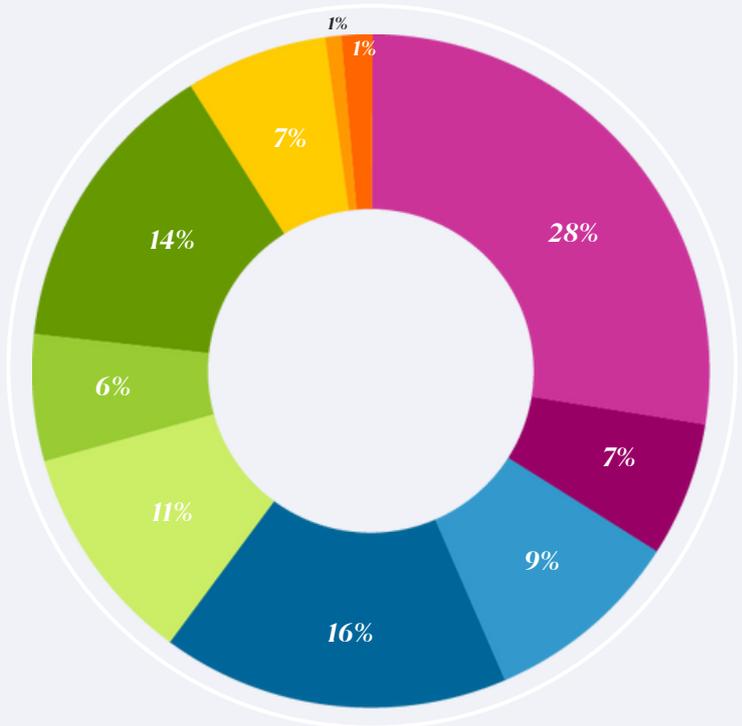
An Ambulance donated to AIC Alale Health Centre.





Fiscal Year 2024 Donation Status

Donor/Projects	Amount in Kes:
CBM International	76.0 Million
The ERIKS	18.2 Million
Malteser International	26.0 Million
CBM Global	43.5 Million
Global Fund/KRCs	28.9 Million
USAID/AMREF	17.7 Million
BMZ/JIA	39.4 Million
AA/JIA	18.0 Million
ADH/JIA	1.80 Million
CBM International	4.1 Million



Looking Ahead: Our Vision for 2025

- In 2025 AICHM is positioned to uphold its integrity to continue with its mandate and embracing new opportunities for growth and meaningful impact.
- Strengthening our health network through enhanced integration between our major hospitals and rural health unities, creating seamless referral pathways and knowledge sharing mechanisms.
- Expanding of projects / Programs scope.
- Foster Strengthening partnership with strategic partners.
- Amplify tailored community health initiatives.

Acknowledgments

We extend our heartfelt gratitude to our partners and donors for their generous support. Their contributions have been instrumental in helping us achieve our 2024 objectives and goals, without forgetting the dedicated team members who made 2024 a year of transformation. Your unwavering support fuels our mission to bring health, hope and dignity to communities in need.

Together, we are making a difference.

For more information, visit: <https://aichm.org/index.php>

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Published by:

AIC HEALTH MINISTRIES

Phone
(+254) (20) 8000474

Email
info@aichm.org

Website
aichm.org

Location
AIC Central Offices, Upper Hill Rd.



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